

Natural Vitamin E 400 I.U.



DESCRIPTION:

Natural Vitamin E Complex 400 I.U. is an all-natural vitamin E complex that provides alpha, beta, gamma, and delta tocopherols in their natural and **unesterified** state. This form of vitamin E provides the highest level of antioxidant, anti-thrombic, and vasodilating activity. Esterified vitamin E products are chemically altered to a single acid ester. This process greatly reduces the anti-oxidant properties of these formulas.

<u>Natural Vitamin E</u>	<u>Synthetic Vitamin E</u>
Noted as d-alpha tocopherol	Noted as dl-alpha tocopherol or tocopheryl
More potent- 1mg.= 1.49 I.U	Less potent- 1mg.= 1 I.U
Better absorbed: In two human studies natural vitamin E was retained 2-3 times better than the synthetic form.	Poorly absorbed

ACTIVES:

Advantages of Natural Vitamin E Complex 400 I.U. are:

1. Highest quality all natural vitamin E
2. Better absorption
3. Highest anti-oxidant activity
4. Most potent form
5. Provides mixed tocopherols for greater anti-thrombic and antioxidant activity
6. Purity

The major actions of vitamin E are:

1. Anti-oxidant
2. Vasodilator
3. Anti-thrombic
4. Prevention of scar tissue formation
5. Sparing effect on selenium
6. Protects vitamin A from oxidation

100 softgels per bottle

One softgel provides:

Vitamin E (unesterified) 400 IU
(as d-alpha tocopherol with mixed tocopherols
[including alpha, beta, delta and gamma tocopherols])

Other ingredients: Gelatin and Water.

CLINICAL INDICATIONS:

- Heart disease-inhibition of oxidation of LDL cholesterol
- Cancer protection (prostate, oral, colon)
- Improve insulin action in diabetics
- Enhance immunity
- Alzheimer's Disease
- Ease symptoms of menopause

SUGGESTED USAGE:

Take 1-2 capsules daily with meals

CONTRAINDICATIONS: None known

DRUG INTERACTIONS: Anticoagulant drugs

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