

# CHIROPRACTIC INTAKE & HISTORY

## PATIENT INFORMATION

Patient Name \_\_\_\_\_  
LAST NAME

\_\_\_\_\_  
FIRST NAME MIDDLE INITIAL

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

Sex  M  F Age \_\_\_\_\_ Birthday \_\_\_\_\_

Married  Widowed  Single  Minor

Separated  Divorced  Partnered

Employer / School \_\_\_\_\_

Occupation \_\_\_\_\_

Spouse's Name \_\_\_\_\_

Spouse's Employer \_\_\_\_\_

Spouse's Occupation \_\_\_\_\_

### IN CASE OF EMERGENCY, CONTACT

Name \_\_\_\_\_

Relationship \_\_\_\_\_

Contact Number \_\_\_\_\_

Who may we thank for referring you? \_\_\_\_\_

## HOW CAN WE HELP YOU?

What brings you in today? \_\_\_\_\_

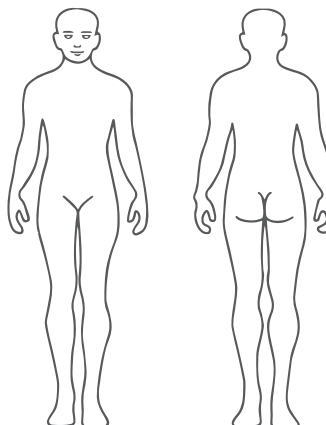
If you are already experiencing a symptom, what is it? \_\_\_\_\_

How bad is it? How intense are your symptoms? (circle) **0** **1** **2** **3** **4** **5** **6** **7** **8** **9** **10**  
NO SYMPTOMS INTENSE SYMPTOMS

Please circle areas to the right where you have pain or other symptoms:

### What does it feel like? (check where appropriate)

- Numbness
- Sharp
- Tingling
- Shooting
- Stiffness
- Burning
- Dull
- Throbbing
- Aching
- Stabbing
- Cramping
- Swelling
- Nagging
- Other \_\_\_\_\_



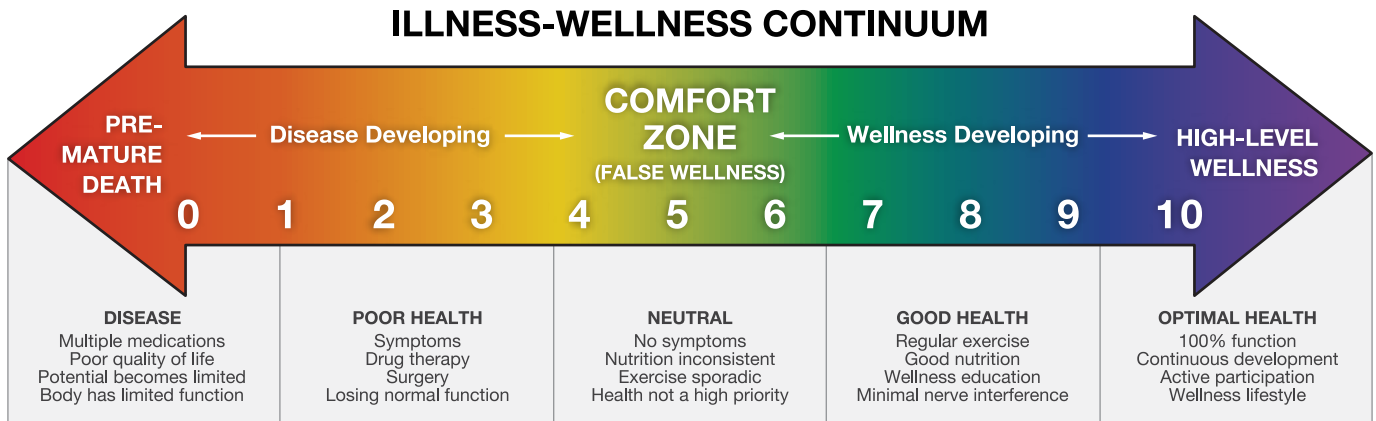
## IMPACT OF YOUR SYMPTOMS

How is this symptom / condition interfering with your life? (check where appropriate)

	No Effect	Mild Effect	Moderate Effect	Severe Effect		No Effect	Mild Effect	Moderate Effect	Severe Effect
Work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Energy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Attitude	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Recreation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Patience	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Relationships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Productivity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sleep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Creativity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Self-Care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

How committed are you to correcting this issue? **0** **1** **2** **3** **4** **5** **6** **7** **8** **9** **10**  
NOT COMMITTED VERY COMMITTED

## PATIENT WELLNESS ASSESSMENT



On the arrow diagram above:

A. What number do you think represents your health today? \_\_\_\_\_

B. In what direction is your health currently headed? \_\_\_\_\_

What are your health goals?

IMMEDIATE \_\_\_\_\_

SHORT TERM \_\_\_\_\_

LONG TERM \_\_\_\_\_

## CHILDREN & PREGNANCY

How many children do you have? \_\_\_\_\_

Childrens' ages? \_\_\_\_\_

Childrens' health concerns? \_\_\_\_\_

Are you currently pregnant?  No  Yes, I am due \_\_\_\_\_

Number of past pregnancies? \_\_\_\_\_

Health concerns regarding this pregnancy? \_\_\_\_\_

## HEALTH & ILLNESS HISTORY

Please check the box beside any condition that you have or have had.

- |   |  |   |   |
|---|--|---|---|
| <input type="checkbox"/> AIDS/HIV<br><input type="checkbox"/> Alcoholism<br><input type="checkbox"/> Anxiety<br><input type="checkbox"/> Arteriosclerosis<br><input type="checkbox"/> Arthritis<br><input type="checkbox"/> Asthma/Allergies<br><input type="checkbox"/> Back Pain<br><input type="checkbox"/> Cardiovascular Issues<br><input type="checkbox"/> Cancer | <input type="checkbox"/> Circulation Issues<br><input type="checkbox"/> Childhood Illness<br><input type="checkbox"/> Depression<br><input type="checkbox"/> Diabetes<br><input type="checkbox"/> Digestive Issues<br>(Constipation/Diarrhea/GERD/IBS)<br><input type="checkbox"/> Elbow/Wrist/Hand Issues<br><input type="checkbox"/> Endocrine Issues (Thyroid)<br><input type="checkbox"/> Foot/Ankle Issues<br><input type="checkbox"/> Gout | <input type="checkbox"/> Headaches / Migraines<br><input type="checkbox"/> Heart Disease<br><input type="checkbox"/> Hepatitis<br><input type="checkbox"/> Hip Issues<br><input type="checkbox"/> Immune Issues<br><input type="checkbox"/> Lymphatic Issues<br><input type="checkbox"/> Multiple Sclerosis<br><input type="checkbox"/> Neck Pain<br><input type="checkbox"/> Reproductive Issues | <input type="checkbox"/> Ringing in Ears<br><input type="checkbox"/> Scoliosis<br><input type="checkbox"/> Shoulder Issues<br><input type="checkbox"/> Stroke<br><input type="checkbox"/> TMJ Issues<br><input type="checkbox"/> Urinary Issues<br><input type="checkbox"/> Osteoporosis<br><input type="checkbox"/> Other _____<br>_____ |
|---|--|---|---|

## ALLERGIES, MEDICATIONS & SUPPLEMENTS

ALLERGIES (list)

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

MEDICATIONS (list)

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

SUPPLEMENTS (list)

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_