

**ALGOMETER DIAGNOSTIC TRIGGER POINT
SPINAL PAIN THRESHOLD TESTING**

Sheely Chiropractic Clinic *Since 1980*
608 West State Street
Trenton, Ohio, 45067
513-988-9735

www.sheelychiro.com

Dr. Robert B. Sheely - Clinic Owner

Test Date:

8/1/2003

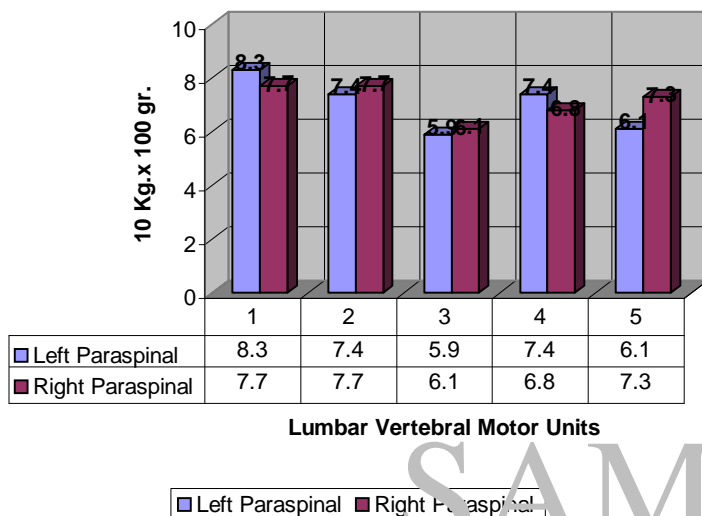
Control Pt Forehead 4.6
Control Pt Rt Thumbnail 10
Control Pt Rt Forearm 5

Left	Right	
8.3	7.7	L1
7.4	7.7	L2
5.9	6.1	L3
7.4	6.8	L4
6.1	7.3	L5
35.1	35.6	Totals

Algometer Measured Pain Threshold Survey

8/1/2003

Lumbar Algometer Pain Threshold Testing



SAMPLE

Patient: William French
Height: 74"
Weight: 203
Gender: Male
Handedness: Right
Date of Birth: 9/1/1966

Avg Lt Lumbar Score 7.02 **175.50% LT levels**
Avg Rt Lumbar Score 7.12 **178.00% RT levels**
Avg Overall Score 7.07 **176.75% Overall Avg levels**
Avg Control Site Score: 6.53
Disorder Limit (limit at 10) 4.00

Evaluating the Data for Paraspinal Musculature

The results of the algometric evaluation can be interpreted as follows:
1.0 to 1.6 = severe myofascial pain disorder
1.7 to 2.4 = marked myofascial pain disorder
2.5 to 3.2 = moderate myofascial pain disorder
3.3 to 3.9 = mild myofascial disorder
4.0 and up = normal

Patient underwent a Pressure Pain Threshold (PPT) Test today measured in 10 Kg. x 100 gr. to assess paraspinal muscular tenderness. An algometer was used to determine the pressure pain threshold at each region of the spine that was tested.

Control points were recorded to validate the data and compare levels of pain.

Para spinal musculature test sites are located between transverse processes of the spinal column. Measuring data from these test sites are an objective system of determining patient progress. Data is analyzed from left to right, survey site average, control site average, and other calculations to produce comparative information to aid in managing the

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