

**ALGOMETER DIAGNOSTIC TRIGGER POINT  
SPINAL PAIN THRESHOLD TESTING**

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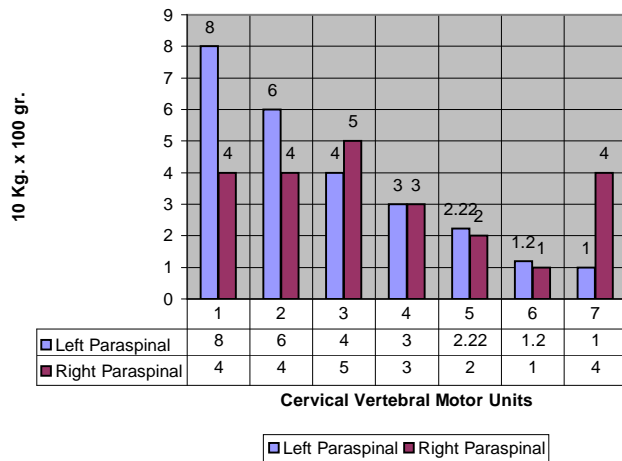
**Test Date:**  
1/2/2004

Control Pt	Forehead	11
Control Pt	Rt Thumbail	10
Control Pt	Rt Forearm	11
<b>Left</b>		
	8	4 C1
	6	4 C2
	4	5 C3
	3	3 C4
	2.22	2 C5
	1.2	1 C6
	1	4 C7
	<b>25.42</b>	<b>23</b>
<b>Right</b>		

Algometer Measured Pain Threshold Survey

1/2/2004

**Cervical Algometer Pain Threshold Testing**



Patient underwent a Pressure Pain Threshold (PPT) Test today to assess paraspinal muscular tenderness. An algometer was used to determine the pressure pain threshold at each region of the spine that was tested. Control points were recorded to validate the data and compare levels of pain.

Para spinal musculature test sites are located between transverse processes of the spinal column. Measuring data from these test sites are an objective system of determining patient progress. Data is calculated from left to right, survey site average, control site average, and other measurements to produce comparative measurements for assistance in managing the patient's case.

Patient:	Ben Palmer
Height:	5'11"
Weight:	189
Gender:	Male
Handedness:	Right
Date of Birth:	1/1/1955

Avg Lt Cervical Score	3.63
Avg Rt Cervical Score	3.29
Avg Overall Score	3.46
Avg Control Site Score:	10.67
Normal Limit (limit at 10)	4.00

**90.79% LT normal levels**  
**82.14% RT normal levels**  
**86.46% Normal levels**

**Evaluating the Data for Paraspinal Musculature**

The results of the algometric evaluation can be interpreted as follows:

- 1.0 to 1.6 = severe myofascial pain disorder
- 1.7 to 2.4 = marked myofascial pain disorder
- 2.5 to 3.2 = moderate myofascial pain disorder
- 3.3 to 3.9 = mild myofascial disorder
- 4.0 and up = normal

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